

**SERVICE OF THE WORD  
AND HOLY COMMUNION**

*Participants' Texts*



**REVISED FOLLOWING THE 2010  
EDITION OF THE ROMAN MISSAL**

## **Penitential Act – Option A**

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*All:* **I confess to almighty God,  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault,  
through my most grievous fault; \*  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord, our God.**

*\* All symbolically beat their breast at this moment.*

## **Gloria**

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*The Gloria is sung at the start of the service if it is a FEAST or SOLEMNITY – you will find the text on the back page, as a Song of Thanksgiving.*

## **Creed**

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**ALL STAND**

*On SOLEMNITIES, all say the Nicene Creed:*

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.**

*All bow:*

**For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.**

**For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.**

*Alternatively, on SOLEMNITIES in Lent and Eastertide, the Apostles' Creed may be said:*

**I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.**

*All bow:*

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.**

## **Communion**

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*Holding a consecrated Host for all to see, the Leader says:*

**Leader:** Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**All:** Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.

*There now follows the singing of the Magnificat, Benedictus or Gloria  
– choosing the text so as to avoid duplication.*

Option A: Benedictus

**Leader:** With people everywhere let us bless the God of Israel.

**Blessed be the Lord, the God of Israel! \*  
He has visited His people and redeemed them.**

**He has raised up for us a mighty saviour \*  
in the house of David His servant,  
as He promised by the lips of holy men \*  
those who were His prophets from of old.**

**A saviour who would free us from our foes, \*  
from the hands of all who hate us.  
So His love for our fathers is fulfilled, \*  
and His holy covenant remembered.**

**He swore to Abraham our father to grant us \*  
that free from fear,  
and saved from the hands of our foes,  
we might serve Him in holiness and justice \*  
all the days of our life in His presence.**

**As for you, little child, \*  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord \*  
to prepare His ways before him,**

To make known to his people their salvation \*  
through forgiveness of all their sins,  
The loving-kindness of the heart of our God \*  
who visits us like the dawn from on high.

He will give light to those in darkness, †  
those who dwell in the shadow of death, \*  
and guide us into the way of peace.

Glory be to the Father, and to the Son, \*  
and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, \*  
World without end. Amen.

Option B: Magnificat

*Leader:* Let us glorify the Lord  
whose mercy is from age to age.

My soul glorifies the Lord, \*  
my spirit rejoices in God, my Saviour.

He looks on his servant in her lowliness; \*  
henceforth all ages will call me blessed.

The Almighty works marvels for me. \*  
Holy His name!

His mercy is from age to age, \*  
on those who fear Him.

He puts forth His arm in strength \*  
and scatters the proud-hearted.

He casts the mighty from their thrones \*  
and raises the lowly.

He fills the starving with good things, \*  
sends the rich away empty.

He protects Israel, His servant, \*  
remembering his mercy,

the mercy promised to our fathers, \*  
to Abraham and his sons for ever.

Glory be to the Father, and to the Son, \*  
and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, \*  
World without end. Amen.

Option C: Gloria

**Leader:** With all the voices of heaven,  
let us sing praise and honour and glory to God.

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you  
we give you thanks for your great glory.  
Lord God, heavenly King,  
O God, almighty Father,**

**Lord Jesus Christ, only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer.  
you are seated at the right hand of the Father,  
have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,  
You alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.**

**Amen.**